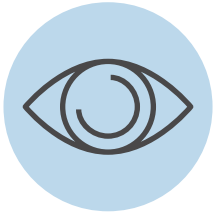


Take the Pledge

Stop Driving Distracted

The 3 main forms of distraction:



VISUAL



Checking your phone while driving



Looking at your GPS while behind the wheel



Changing the music in your car



MANUAL



Eating and drinking while driving



Checking your phone while driving



Changing the music in your car



COGNITIVE



Driving while drowsy or sleepy



Talking to a passenger in the car



Checking your phone while driving

Texting and Driving is so dangerous because it involves all 3 forms of distraction.

I promise to help end distracted driving and I commit to taking the precautions necessary to avoid distractions while driving.

I took the Pledge on _____ (date)

Signature(s):



Share with friends, family and your community.
Let's end Distracted Driving together.



EXTRAMILE